



NATIONAL POLICE CADET CORPS ADVENTURE TRAINING CAMP TENT PITCHING LESSON PLAN

1. LESSON TITLE

- Tent Pitching

2. LESSON OBJECTIVES

At the end of the lesson, participants are expected to:

- Be able to pitch and dismantle the tent proficiently
- Understand the safety precautions, maintenance and care of the tent

3. PRIOR KNOWLEDGE

- Basic Knots

4. LESSON INFORMATION

Stage	Activity	Time (Mins)
1	Introduction	2
2	Parts of a Tent	3
3	Pitching a Tent	20
4	Dismantling a Tent	10
5	Safety, Maintenance and Care	10
6	Video Demonstration	10
7	Conclusion	5
Total		60 Mins
Attire	PT Kit	
Audience	Secondary 2 Cadets	
Location	Lecture Theatre/Classroom with Projector	

5. EQUIPMENT & LOGISTICS

Logistic	Quantity	Remarks
Laptop/Tablet	1	-
Tent Pitching Slides	1	15052023 Tent Pitching Slides Approved
Tent Pitching Video	1	TBC



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6. METHOD OF INSTRUCTION

Training Personnel:		1 Lesson Conductor : 30 Lesson Participants
Stage	Activity	Remarks
1	Introduction	Lesson Conductor to cover the objective and provide a brief overview of the lesson content.
2	Parts of a Tent	Lesson Conductor to cover the parts that constitute a tent and their quantities: <ul style="list-style-type: none"> ● Tent Carry Bag x 1 ● Peg Bag x 1 ● Pole Bag x 1 ● Inner Tent x 1 ● Fly Sheet x 1 ● Tent Poles x 2 ● Nylon Rope x 4 ● Pegs x 16
3	Pitching a Tent	Lesson Conductor to cover the factors to consider for selecting a suitable sight to pitch a tent: <ul style="list-style-type: none"> ● Choose a safe, well-drained and levelled ground that would allow the tent to be best orientated towards the wind and terrain ● Clear any debris which could cause damage to the tent floor ● The window of the roof fly should face the wind to ventilate the interior of the tent Lesson Conductor to cover the steps to pitch a tent: <ul style="list-style-type: none"> ● Open the inner tent fully on the selected site ● Assemble the tent poles ● Insert the tent poles into the sleeves of the inner tent ● Tie a ribbon knot at the point where the 2 poles intersect ● With a person at each corner, lift the tent poles up while stepping on the eyelets attached to the inner tent ● Insert the ends of the tent poles into the eyelets ● Push the pegs into the peg slots on the eyelets at a 70° angle downwards ● Open the fly sheet and drape it over the inner tent, getting the doors to coincide ● Open the zip of the main doors and tie ribbon knots to secure the fly sheet to the tent poles ● Peg the fly sheet to the ground at the corners and also in the middle of the tent where there are no doors



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		<ul style="list-style-type: none"> ● Push down 1 peg at each strap on both sides of the back door ● Attach the nylon rope to the flap of the fly sheet using a bowline ● From each corner, measure about 2 steps away from the tent for the guyline peg ● Place the lower end of the rope with the adjustable strap into the peg ● Coordinate and tighten the guylines by pushing the adjustable strap ● Roll the doors on the fly sheet and tie a half knot to secure it onto the pole near the main entrance ● Roll up the door on the inner tent and tie a half knot to secure it
4	Dismantling a Tent	<p>Lesson Conductor to cover the steps to dismantle and stow a tent:</p> <ul style="list-style-type: none"> ● Ensure that the inner tent is clean ● Untie the guylines and keep the ropes into the peg bag ● Remove and clean the pegs before keeping them into the peg bag ● Untie the knots on the tent poles ● Zip up all the zips on the doors fully ● Remove the fly sheet and place it on the ground ● Fold the fly sheet to the width of the carrying bag ● Each person to go to a corner of the inner tent and unplug the poles from the eyelet ● Lower the inner tent ● Remove, clean and fold the tent poles before keeping them into the pole bag ● Clean and fold the inner tent to the width of the carrying bag ● Place fly sheet on top of inner tent and roll together before securing with a ribbon knot ● Keep all items in the bag and pull both sides together before zipping up
5	Safety, Maintenance and Care	<p>Lesson Conductor to cover the following pointers:</p> <ul style="list-style-type: none"> ● Safety Precautions <ul style="list-style-type: none"> ○ No naked flame or cooking in the tent ○ Do not throw/play with pegs ○ Do not play with the Combination poles ○ Follow given instructions strictly ● Maintenance <ul style="list-style-type: none"> ○ Do not expose your tent to open flames, sparks, or extreme heat



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		<ul style="list-style-type: none"> ○ A tautly pitched tent will minimise the damaging effects of flapping in strong wind ○ In the field, if you pack your tent wet and move to build accommodation make sure you dry your tent as soon as possible. ○ Only clean the tent by hand ○ Use a cotton cloth and water ○ After use, it must be clean and absolutely dry before storing ● Care <ul style="list-style-type: none"> ○ Roof fly corners should not be pulled too hard ○ Apply candle wax on the zip of the carrying bag before use ○ Do not force the zipper of the bag (Pull the zipper together before closing it) ○ No eating or drinking in the tent ○ Remove your shoes before entering the tent ○ Do not use the peg to poke the tent
6	Video Demonstration	Lesson Conductor to play the Tent Pitching Video to demonstrate the pitching and dismantling process.
7	Conclusion	Lesson Conductor to conclude the lesson by summarising the learning points in the lessons.

7. SAFETY PRECAUTION

- N/A

8. CONTINGENCY PLANS

- N/A

9. AUTHENTICATION

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10. REFERENCES

- NCDCC Dome Tent Lesson Plan